

## **Lynne Reckman MSSW, LISW-S**

Young Child Institute  
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Lynne has practiced social work in the Cincinnati area for thirty years, always with a dedication to the health and well being of children and their families. She is a behavioral health therapist at the Young Child Institute of Central Clinic working with families and their young children from birth to five years old. Lynne has a special interest in the field of infant mental health. The goal of her work is to strengthen a child's earliest relationships, which are the foundation for all growth and development.

About eight years ago, Lynne became fascinated with the amazing capacities of newborns through her training with Dr. T. Berry Brazelton. An outgrowth of that experience was learning the art of baby massage. It became clear to Lynne that the opportunity to teach new parents about communicating with their baby through touch was a powerful way to support the early parenting relationship.

Lynne is also a twenty-year practitioner of yoga. She integrates principles of mindfulness in her work and her life.

### Education:

Master of Science in Social Work, University of Louisville, 1979  
Certified Touchpoints Trainer, Brazelton Touchpoints Center, 2001  
Certified Trainer, Clinical Newborn Behavior Assessment Scale, The Brazelton Institute, 2002  
Certified Baby's First Massage Instructor, 2003  
Capacitar for Children, multicultural wellness program, 2005

### Licensure:

Licensed Independent Social Worker, 1984  
Licensed Independent Social Worker Supervisor, 2008