



### Fees:

Fees are determined in a private interview. Fees are based on and determined by insurance coverage. Ohio Medicaid accepted.

### Confidentiality

Confidentiality of records is assured. Information may be shared with other professionals only with the family or guardian's written consent.



[www.centralclinic.org](http://www.centralclinic.org)

### Contact Information

#### Child & Adolescent Counseling Services

The Helen Rose Zeigler Professional Building  
2825 Burnet Avenue, 4th Floor  
Cincinnati, OH 45219  
**513.558.5878**

#### Young Child Institute

512 Maxwell Avenue, Cincinnati, OH 45219  
**513.751.3133 Ext. 7**

#### Ready to Learn School-Based Services

**513.238.8010**

#### Connections for Life

2825 Burnet Avenue, 4th Floor  
Cincinnati, OH 45219  
**513.558.5878**

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## The Child & Family Treatment Center includes Child and Adolescent Counseling Services, Young Child Institute, Ready To Learn School-Based Services, and Connections for Life.

We provide diagnostic evaluations, treatment and school-based prevention services to children birth to 18 and their families.

Our multidisciplinary staff includes child psychiatrists, child psychologists, clinical social workers, clinical counselors, and child case managers.

We provide training and placement for graduate students in counseling, psychology, social work and psychiatry.

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### Professional help is indicated when children have:

- Difficulties in interpersonal relationships with family, peers and/or others
- Difficulties in adjustment to family stress or crisis (illness, moves, divorce and/or loss)
- Dangerous or self-destructive behaviors
- Symptoms of depression and/or anxiety; sleeping or eating problems
- School attendance, adjustment and achievement problems, or attention deficit / hyperactivity disorder
- Psychological consequence of abuse or other trauma

### Child and Adolescent Counseling

**Provides services to address emotional and behavioral health problems of children 5 to 18 years**

- Clinical Assessment and Psychological Testing
- Medication Consultation and Management
- Individual & Family Therapy and Group Counseling
- Case Management, Educational Liaison
- Art Therapy | Play Therapy/Sand Tray
- Early Intervention Substance Abuse Services
- Trauma Informed Therapy
- OT and Speech Consultations



### Young Child Institute

**Provides services to address emotional and behavioral health problems of infants, toddlers and children younger than 5 years of age**

- Clinical Assessment and Psychological Evaluation
- Parent/Child Therapy
- Art Therapy and Play Therapy
- Parent-Child Interaction Therapy
- Medication Consultation and Management
- Case Management
- Clinical Consultation and Training to Early Childhood Professionals
- OT, Speech, and Nurturing Touch Consultations
- Trauma Informed Therapy

### Ready to Learn

**School-based counseling and learning support to promote academic achievement and social-emotional growth**

- Prevention and Intervention
- Individual Therapy & Case Management
- Evidence Based Social Skills Instruction
- Service Learning
- Connection to Community Resources
- Home/School Connection
- Social Emotional Health Resource Coordination Groups
- Teacher Consultation and Collaboration

### Connections For Life

**Utilizes a mental health therapist, occupational therapist, and speech and language pathologist**

- For children under 5 years of age, evaluation of the child's developmental, behavioral, and sensorimotor function and communication skills
- Caregiver/child therapy that incorporates the concerns for the whole child in each session
- Other services such as psychological assessment and medication management