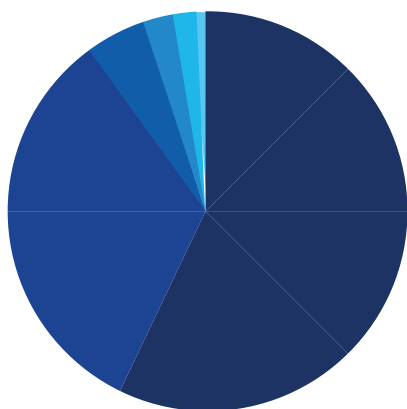


ANNUAL 2017
REPORT 2018

A photograph of a man with a beard and short dark hair, wearing a grey t-shirt and blue jeans, carrying a young girl with curly brown hair on his shoulders. They are both smiling and holding hands, with the girl's arms raised. The background is a blurred outdoor scene with green trees and a bright sky.

Impact Means Everything

2017-2018 FINANCIAL OVERVIEW



REVENUE

Government Grants: \$12,862,124

Medicaid \$7,276,228

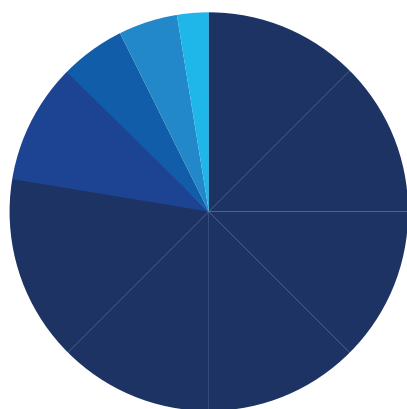
United Way: \$673,802

Community Support: Grants and Contributions: \$270,434

Other: Rent and Patient Fees: \$262,867

Interest and Dividends: \$344,154

Total: \$21,689,609



EXPENSES

Wages, Benefits, Contracted Svcs & Prof Fees: \$16,161,020

Subrecipient Payment: \$1,783,907

Supplies, Printing, Postage, Telephone, Travel, etc.: \$1,213,533

Rent, Repairs/Maint., Insurance: \$789,970

Depreciation: \$469,557

Total: \$20,417,987



Thank you! Central Clinic Behavioral Health, a nonprofit organization, is appreciative for the many gifts we received of time, talent and treasure. We are grateful to United Way, community and family foundations, corporations, and individual donors with charitable resources who included the Clinic in their charitable giving plans.

ANNUAL REPORT 2017 2018



Impact Means Everything

For 95 years, we have worked hard to erase the stigma of “mental health.” Our team of professional clinicians provided customized and evidence-based behavioral health services for 22,115 adults, children, and families from 7/1/2018 – 6/30/2018. We are pleased to present this impact report and hope you enjoy learning more about how we made a difference in the lives of many people.

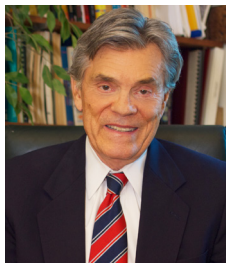
Two words describe the fiscal year – impact and change. The entire behavioral health industry in Ohio is undergoing the largest change in memory due to a massive, statewide Medicaid redesign for behavioral health. We are pleased to report that the board and staff at Central Clinic Behavioral Health are managing the change quite well, which reinforces the strength of our team and sustainable business model.

Our impact continued as staff strengthened *Substance Use Disorder* (SUD) programming. This strategic move continues to align with broad community goals to address the opioid epidemic. Court Clinic, who served 4,336 people, increased access to medication assisted treatment (MAT), and our CDC Behavioral Health Services (2,778 people served), in Butler County increased services for persons needing SUD treatment. The SUD program is growing and is providing individual and group therapy, case management, drug screens and MAT services.

Another program was added under CDC Substance Abuse Mental Illness (SAMI), that works in partnership with Butler County *Ohio Means Jobs* (BC-OMJ) program. Additionally, staff provided SAMI assessments to 372 people referred to OMJ for vocational assistance. Barriers to employment were identified and clients were successfully connected to services. Early signs of clients obtaining employment have been encouraging.



The *Family Healing Center* in Butler County is responsible for all court-ordered supervised visits in Butler County. The Healing Center, which provided hope to 402 children/families, provided trauma focused treatment that addressed family issues that were barriers to adequate parenting and family reunification. The program made significant progress in preparing families to be considered for reunification and establishing healthy and functional family units. As of this writing, the Clinic is in discussions with child welfare officials in Clermont County to establish a similar program for their visitation center.



Central Clinic Behavioral Health celebrated a very successful 95th Anniversary at the Netherland Hilton Hotel – Hall of Mirrors. Over 350 guests were in attendance with the University of Cincinnati President, Neville Pinto, delivering the key note address. Cincinnati First Lady, Dena Cranley, was honored for her work to promote healthier living. The youth choir from Ethel M. Taylor Academy performed for the event. Overall, \$110,000.00 was raised for the Clinic which was used to strengthen our programs and cover costs for people who were unable to pay for treatment.

Our quality staff work so diligently to make Central Clinic Behavioral Health the best in class. Central Clinic employees have a history of addressing difficult tasks head-on. They work hard to understand new processes and are determined to master what is expected. This is one of the many reasons we are proud to serve as president/CEO and chair of the board of this work force. We are grateful for the support we receive which enables us to provide a wide variety of services.

It bears repeating – thank you for everything you do – have done – and will continue to do in support of people who struggle with mental health and substance use issues. All of us thank you for your time, talent and treasure.

Sincerely,

Ronald Hitzler

Ronald Hitzler
Chair of the Board

Walter S. Smitson

Walter S. Smitson, Ph.D.
President & Chief Executive Officer

Adult Services

This year has been a productive one for Adult Services staff and an impactful one for the men and women we serve. We continued to deliver services such as individual, family and group therapy; out-patient psychiatric services; psychological testing; case management; *Culturally Responsive Services* (136 people served) and the *Transgender Wellness Program*. 2,048 clients were provided with mental health services to improve their lives. Our Transgender Wellness Program, where 89 people received services last year, continued to develop and evolve. Adult Services staff participated in the very successful *Transgender Day of Visibility* event – over 300 people attended the event. Supporting this program is PNC Charitable Trust, who awarded a grant for \$20,000 that partially funded the development of a Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Center. We are working closely with UC Health, Dr. Sarah Pickle, and funders in developing services and programming.



CDC Behavioral Health

Ohio Means Jobs

Staff maintains two vital partnerships in our work with children and their families - Butler County Children's Services (BCCS) and Butler County Job and Family Services (BCJFS). CDC's role in these partnerships continues to grow. Staff provided mental health and substance-use disorder assessments and treatment to 2,520 children, families and adults in Butler County.

A new initiative with Ohio Means Jobs, proved to be dynamic and impactful for everyone involved. This program, part of Butler County JFS, serves as an employment resource center to match potential employees to companies in Butler County. The CDC staff administers an *Employment Success* interview as part of their work with families in Butler County. These interviews result in our clients having more clarity as to what they want or need in their life to prepare for meaningful employment. Impact data will be gathered for the FY 2018-19 annual report.

SAMI

CDC-SAMI continues to serve clients at the Butler County Children Services (BCCS) location, where we enjoy a successful partnership with the county. At this site, we had the privilege of serving 372 clients. Many of these clients were using illicit substances (89%), and the majority had children that were placed out of their homes. Most came in for their assessments feeling hopeless and had little outside supports. We were able to make appropriate recommendations for each and every person seen, offer them the opportunity to go to treatment and make life long changes in the hopes they can reunify with their children, which is the ultimate impact.



Child & Family Treatment Center

The Child and Family Treatment Center (CFTC) strives to help children and their families overcome obstacles and move toward success at home, school, and in the community. The opioid crisis has impacted countless children and many are being raised in neglectful and traumatic environments. Staff utilized a strength-based approach that supported children to build their resiliency, while also working to advocate for a systems-wide solution to combat poverty and substance use. The CFTC, partially funded by United Way, provided a variety of different services to 3,436 children and families in our Avondale office, schools, and homes and positively impacted their lives. Last year, our two early childhood mental health programs, *Young Child Institute* and *Connections for Life*, served 614 children 0-5 years old and 95% of those parents/caregivers demonstrated effective parenting skills appropriate to their

child's level of development. Our *Child and Adolescent Counseling Services* program worked with children/youth, 5-18 years old, and provided therapy to 530 individuals of whom 88% experienced some type of trauma. The *Ready to Learn School-Based Services* program of CFTC provided prevention, intervention and counseling to 1,407 students in seven different schools. Seventy-nine percent (79%) of these children demonstrated improved social and emotional skills after receiving our services.



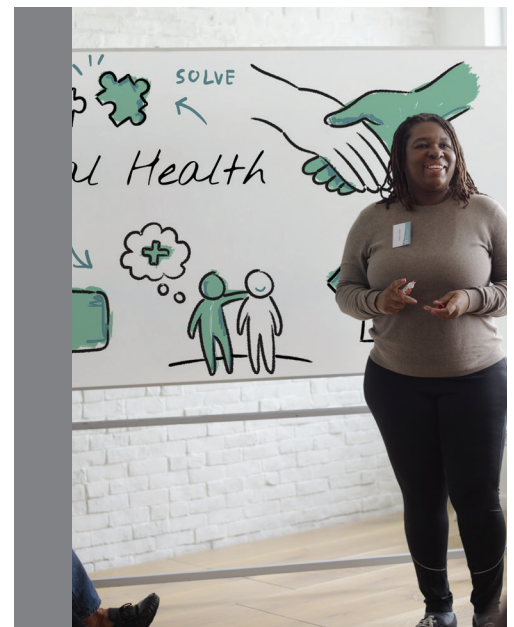


Court Clinic

Court Clinic provided a variety of evaluation and treatment services for 4,336 people involved in the criminal justice system. One such program is Recovery Services/Treatment Accountability for Safer Communities (CCRS/TASC), which provided substance use assessments, case management services, non-intensive outpatient substance abuse treatment groups, and drug screening for 656 eligible adult offenders referred by the Hamilton County criminal justice system. This program, based on a nationally-known offender intervention model that builds a bridge between the criminal justice and treatment systems, targets non-violent felony and misdemeanor offenders with substance use disorders and enhances existing correctional supervision programs. 90% of the offenders who received services from the CCRS/TASC program did not have any new arrests. The impact made on these ex-offenders' lives – and the lives of their loved ones -- cannot be overstated.

Mental Health Access Point

Mental Health Access Point (MHAP) is *the front door* for the Hamilton County community mental health system and this is where the impact begins. Formed in collaboration with the Hamilton County Mental Health and Recovery Services Board, MHAP provided hope to 638 people in need of mental health services through a standardized evaluation process. In addition, MHAP also operates a 24/7/365 phone line that received over 20,000 calls from individuals who needed assistance with mental health concerns. MHAP provided medication services; transitional community psychiatric supportive treatment; managed the Hamilton County Outpatient Community Probate Program, and provided services in the *Keys to Health* program which helped 40 individuals with both chronic medical and mental health conditions. Within MHAP, two additional programs provided impact for over 3,000 individuals and families who experienced multisystem challenges - *FAIR* provided hope to people involved with Hamilton County Children Services with mental health and/or drug-related challenges and *HOPE* served 142 youth, providing care coordination to help navigate their way through two or more county systems and get connected to needed services.



Central Clinic Success Story

Here is the story of Gregg and how CDC Behavioral Health Services impacted his life.

“Gregg visited our office for an *Employment Success* interview and expressed frustration with obtaining a full-time job, as well as being able to meet his mental health needs. He had a history of depression and “giving up” with numerous self-harm attempts. After completing the *Barriers to Employment Success Inventory*, Gregg was able to recognize what was getting in his way, as well as what could help him overcome these barriers. He developed a plan to reach his goal and left the interview feeling more hopeful that he could change his life. We are pleased to share that Gregg’s confidence level has increased and he has now secured a full-time job working at a Butler County business.”



Thank You!

Central Clinic Behavioral Health enjoys the support of foundations, corporations and individual donors. All of us are very grateful for your gifts of time, talent and treasure. All of our donors are valued and their financial contributions deeply appreciated. Their philanthropy is a reflection on both the impact that Central Clinic has in the community and the loyalty and dedication of our donors. This list represents financial contributions received between 7/1/2017 – 6/30/2018. Every attempt has been made to ensure the accuracy of donor information. Contact Danielle Stanton at 513.558.5840 for any errors or omissions and please accept our apology. Thank you for your generosity!

The Transformation Circle \$25,000 and above

Greater Cincinnati Foundation
The Daniel & Susan Pfau Foundation

Partners in Hope \$15,000 - \$24,999

The Thomas J. Emery Memorial
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Ms. Jane Vanderhorst
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Let's Talk Numbers

22,115 people in Hamilton and Butler Counties improved their lives and health through the evidence-based services received at our **11** locations.

125 women were referred by the criminal court system and enrolled in Alternative Interventions for Women (AIW) to overcome addiction, trauma, and mental health issues. **91%** were positively impacted and did not re-enter the court system (**9%** recidivism rate).

205 adults participated in the Solutions Oriented Services program, which helps people with substance-abuse conditions through cognitive behavioral therapy.

The Child & Family Treatment Center division is aligned with the community-wide focus to alleviate poverty. Through the generosity of United Way, **1,407** students were impacted by the Ready-to-Learn school-based behavioral health services and academic enrichment opportunities. Education is an important strategy to lift families out of poverty.

Butler County staff optimized the lives of **2,520** children and their families in four locations.

The LGBTQ community received strong support – **89** peoples' lives were impacted by the help received through the Transgender Wellness Program.

A safe and secure place to live impacts lives. **70** people quickly exited homelessness and returned to permanent housing.



ANNUAL REPORT 2017-2018

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Grace Penn, *Co-Chair & Secretary*
Season Olson, *Finance Chair*

Members-at-Large:

Jim Anderson
Mary Ellen Cody
Matthew Donthnier
Kay French
Lorraine Lewis Maguire
The Hon. Jodi Luebbers
Marjorie Motch
Greg Power
Scott Rubenstein
Dan Ziegler

Foundation Board of Directors:

Kay French, *Chair*
Eileen Barrett
Mary Ellen Cody
Marjorie Motch
Miriam West

Our Mission

To provide hope through a compassionate approach to behavioral health services that will create lasting and meaningful results in support of recovery and resiliency for children, families and adults.

Our Vision

To transform behavioral health services so individuals and families are empowered to achieve overall wellness.

