

ALTERNATIVE INTERVENTIONS FOR WOMEN

Accredited by:
*Commission on the
Accreditation
of Rehabilitation
Facilities (CARF)*

Certified by:
*Ohio Mental Health and
Addiction Services
(OhioMHAS)*

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The mission of the **Alternative Interventions for Women** is to assist women with co-occurring mental health and substance use disorders who are involved with the criminal justice system move toward recovery and reintegration into the community.

The average length of the program, including the Core Program and Transition, can be a year. The amount of time varies based on individual progress and her treatment needs. Clients usually graduate after about nine to twelve months in the program.

SERVICES INCLUDE:

- Individual & Group Counseling
- Psychiatric Services
- Case Management Services
- Prevention & Education
- Collaboration with Probation Officers
- Random Urine Screens
- Relapse Prevention
- Cognitive Focused Treatment
- Employment support

ADDITIONAL SERVICES & RESOURCES OFFERED

- Guest facilitators on topics including:
Grief, Nutrition, STD prevention,
Domestic Violence, Prostitution.
- Daily Support Meetings
- Computer Lab (for job search, housing, etc.)

PROGRAM ELIGIBILITY

- Women with Dual Diagnoses
(Both Mental Health & Substance Abuse)
- Involved with Hamilton County Courts,
Including Intervention in Lieu of Conviction

CORE PROGRAM

5 days per week - Monday through Friday
8:45 am to 2:30 pm

This period lasts about three months

TRANSITION

At the end of the Core Program, each woman will be re-evaluated and her schedule adjusted according to her needs. The goal of this phase is to aid the women in transitioning into the community through employment, higher education, volunteering, community service, etc.

Program attendance is reduced by one day a week. This continues gradually about every 6 weeks, provided client continues to make progress in independence. At graduation, most clients attend programming at most two to three days per week.

PROGRAM PARTNERSHIP

The Alternative Interventions for Women program is a partnership with Court Clinic, Department of Pretrial Services and Hamilton County Courts and Probation Department.