



Our Team

The program consists of licensed therapists, case managers, and psychiatrists who participate in ongoing LGBTQ+ competency training and are familiar with the specific needs of the community. Providers are also knowledgeable about diagnosing and treating persistent and severe mental health and substance use concerns.

Program Description

- The program provides individual therapy, group therapy, case management, psychiatric and supportive services to lesbian, gay, bisexual, transgender/nonbinary, queer/questioning (LGBTQ+) individuals and their families. This also includes, but is not limited to, those who identify as pansexual, asexual, gender non-nonconforming, and intersex.
- We use an LGBTQ-informed framework to address client needs such as: depression, PTSD, social anxiety, discrimination and community-based violence, substance use and abuse, domestic violence, lack of legal protections and employment issues.
- LGBTQ+ Services is a program of Central Clinic Behavioral Health's Adult Services Division.

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Admission Criteria

! Individuals must meet CCBH Adult Division admission criteria. This includes, but is not limited to :

- Must be 18 years of age or older.
- Currently enrolled in Ohio Medicaid.
- Uninsured individuals who experience financial hardship and live in Hamilton County.
- Medicaid enrollment assistance is also available.

Location

Central Clinic Behavioral Health Adult Services - LGBTQ Program

311 Albert Sabin Way, Cincinnati, Ohio 45229
513.558.5801 | Fax: 513.558.8838



 **carf** INTERNATIONAL



LGBTQ+

Adult Services





We use an LGBTQ-informed framework

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Services

- **Individual Therapy** – Experienced therapists who are up-to-date on current best practices in LGBTQ+ behavioral health care.
- **Group Therapy** – Weekly support/therapy groups for LGBTQ+ clients.
- **Case Management** – Qualified behavioral health specialists are able to provide additional assistance with housing, employment, daily living skills, and advocacy.
- **Medication Services** – Knowledgeable providers who are able to prescribe psychiatric medications.
- **Social Activities and Community Building** – Organized outings and participation in community events such as Cincinnati PRIDE and Transgender Day of Visibility.
- **Educational Programs** – Events featuring professionals discussing topics relevant to the community such as hormone therapy, safer sex practices, accessing PrEP, voice therapy, and primary care.
- **Referrals** – Robust external referral network helps connect clients to LGBTQ-informed physicians, surgeons, and other medical providers.
- **Surgical Assessments** – Clinicians are available to complete assessments and write letters for gender affirming surgery following surgeon and health insurance guidelines.
- **Transition Support** – Assistance with navigating social and medical gender transitions is available.

