



## Program Description

The LGBTQ+ program is in the adult services department of Central Clinic Behavioral Health. It consists of licensed therapists, case managers, and psychiatrists who participate in ongoing LGBTQ+ competency training and are familiar with the specific needs of the community. The program provides supportive services to those with mental health needs in the LGBTQ+ community. This includes lesbian, gay, bisexual, transgender/nonbinary, queer/questioning individuals and their families. This also includes, but is not limited to, those who identify as pansexual, asexual, gender non-conforming, and intersex people.

LGBTQ+ Services is a program of Central Clinic Behavioral Health's Adult Services Division.

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[www.centralclinic.org](http://www.centralclinic.org)



## Admission Criteria

**Individuals must meet CCBH Adult Division admission criteria. This includes, but is not limited to :**

- Must be 18 years of age or older.
- Currently enrolled in Ohio Medicaid.
- Uninsured individuals who experience financial hardship and live in Hamilton County.
- Medicaid enrollment assistance is also available.

## Location

**Central Clinic Behavioral Health  
Adult Services - LGBTQ+ Program**

311 Albert Sabin Way, Cincinnati, Ohio 45229  
**513.558.5801 | Fax: 513.558.8838**



# LGBTQ+ PROGRAM







## We use an LGBTQ-informed framework

to address client needs such as: depression, PTSD, social anxiety, discrimination and community-based violence, substance use and abuse, domestic violence, lack of legal protections and employment issues.

## Services

- **Individual Therapy** – Experienced therapists who are up-to-date on current best practices in LGBTQ+ behavioral health care.
- **Group Therapy** – Weekly support/therapy groups for LGBTQ+ clients.
- **Case Management** – Qualified behavioral health specialists are able to provide additional assistance with housing, employment, daily living skills, and advocacy.
- **Medication Services** – Knowledgeable providers who are able to prescribe psychiatric medications.
- **Social Activities and Community Building** – Organized outings and participation in community events such as Cincinnati PRIDE, Transgender Day of Visibility, and Transgender Day of Remembrance.
- **Educational Programs** – Events featuring professionals discussing topics relevant to the community such as hormone therapy, safer sex practices, accessing PrEP, voice therapy, and primary care.
- **Referrals** – Robust external referral network helps connect clients to LGBTQ-informed physicians, surgeons, and other medical providers.
- **Surgical Assessments** – Clinicians are available to complete assessments and write letters for gender affirming surgery following surgeon and health insurance guidelines.
- **Transition Support** – Assistance with navigating social and medical gender transitions is available.

