

FROM OUR DIRECTOR

As the CEO of Central Clinic I can never thank the employees enough for all the time and effort they put into the mission of the Clinic. Many long hours are spent with clients who often present with very challenging problems and life situations. Our staff work out of a sense of purpose and a genuine desire to help people with issues of mental illness, addictions, child/parent attachment problems, re-unification of families who have lost their children through neglect and abuse, readiness to enter kindergarten, and on and on.

It has been well documented that salaries are generally lower for many non-profit workers in the country. Despite this disadvantage, employees in our industry come to work each day with a belief that what they are doing makes a difference. Certainly, the many outcomes (found on our web site: www.centralclinic.org) are testimony to supporting this belief.

Additionally, we all work hard to make our workplaces (seven locations) respectful, free from gossip, and places where people can express opinions and ask questions. All 250 of our employees have email and phone access to me. This contributes to a rich atmosphere where people can exchange ideas and can be heard. I want to conclude this note with a comment made by one of our employees as a part of her yearly evaluation. This type of description of the workplace lets me know we are very justified in being voted one of the Top Work Places for the last two years.

Employee's comments: "Going full-time has been a wonderful decision for me. I love Central Clinic and all of the staff. It has been my family and I draw strength from coming to work. I love my job!"



Dr. Walter Smitson

Central Clinic Receives NIATx Grant



Left to right: Dorothy O'Neil, Administrative Services Director, Court Clinic Forensic Services; Judge Charles Kubicki, Presiding Judge, Hamilton County Common Pleas Court; Ann Barnum, Senior Program Officer, Substance Use Disorders, The Health Foundation of Greater Cincinnati; Dr. Walter S. Smitson, CEO of Central Clinic; Dr. Sherry Baker, Director of Court Clinic; Kathi Strouse, Director of Treatment Services, Court Clinic

Court Clinic, a division of Central Clinic, has recently been awarded a five-year, \$100,000 NIATx grant from The Health Foundation of Greater Cincinnati. The Network for the Improvement of Addiction Treatment (NIATx) grant allows the Court Clinic to function more efficiently and effectively in delivering substance abuse treatment services to clients involved with the criminal

justice system. Court Clinic offers an array of treatment options through Court Clinic Recovery Services, including interventions for individuals who use substances, are involved in trafficking and may have emotional concerns. Central Clinic is extremely grateful to The Health Foundation of Greater Cincinnati for making this grant possible.



Central Clinic Is Top Work Place

For the second year in a row, Central Clinic was named as one of the top work places in Cincinnati. This year Central Clinic ranked 12th among the medium-sized companies in

Cincinnati. The companies included in The Enquirer's 75 Top Work Places were selected based on an exhaustive survey of employees measuring qualities such as company leadership, compensation and training, workplace flexibility, and diversity. The rankings and overall results were showcased in the

Continued on page 3

A Three-Year Accreditation Awarded to Central Clinic



CARF International announced that Central Clinic has been accredited for a period of three years. This latest accreditation is the 4th

consecutive Three-Year Accreditation that the international accrediting body, CARF, has awarded to Central Clinic.

CARF is an independent, nonprofit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF International, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services. For more information about the accreditation

process, please visit the CARF website at www.carf.org.

According to CARF, "This achievement is an indication of Central Clinic's dedication and commitment to improving the quality of the lives of the persons served. Services, personnel, and documentation clearly indicate an established pattern of practice excellence." This accreditation decision represents the highest level of accreditation that can be awarded to an organization and shows the organization's substantial conformance to the CARF standards. An organization receiving a Three-Year Accreditation has put itself through a rigorous peer review process. It has demonstrated to a team of surveyors during an on-site visit its commitment to offering programs and services that are measurable, accountable, and of the highest quality.

The following Central Clinic services received this high level of accreditation.

- **Assessment and Referral:** Integrated: AOD/MH (Alcohol and Other Drugs/Mental Health) ...Adults; Integrated: AOD/MH...Children and Adolescents; Mental

Health...Adults; Mental Health...Children and Adolescents

- **Case Management/Services Coordination:** AOD/Addictions...Adults; Integrated: AOD/MH...Adults; Integrated: AOD/MH...Children and Adolescents; Mental Health...Adults; Mental Health...Children and Adolescents
- **Crisis Intervention:** Mental Health...Adults
- **Outpatient Treatment:** AOD/Addictions...Adults; Integrated: AOD/MH...Adults; Mental Health...Adults; Mental Health...Children and Adolescents
- **Prevention/Diversion:** Mental Health...Children and Adolescents

All of the directors, staff, Board of Trustees, Foundation Board, clients, and funders can take pride in this high level of accreditation. We intend to continue, fully and productively, to use the CARF standards as part of our ongoing commitment to our clients. **Congratulations on a job well done!**

2012 Psychiatry Residency Graduation

On June 2, 2012 eight doctors graduated from the University of Cincinnati, Department of Psychiatry. All of them did outpatient psychiatry at Central Clinic as 3rd and/or 4th year residents. Those who were graduates of General Psychiatry were: **Deb Amann, MD, Jessica Lammers, MD, Amy Pravin Shah, MD, and John Wirick, MD.** One doctor was a graduate of the Family Medicine/Psychiatry (Double Board) program: **Stephen J. Warnick, Jr, MD.** There were three graduates of the Pediatrics/Psychiatry/Child Psychiatry (Triple Board) program: **Heather R. Adams, DO, Jennifer Bowden, MD, and Cathy Ann Southammakosane (South), MD.**



Left to Right: Drs. Adams, Warnick, Shah, Lammers, South, Wirick, Bowden (Dr. Amann not in picture)

Welcome New Residents and Students

Since 1933 Central Clinic has served as a training center to the psychiatric residents in the University of Cincinnati's Department of Psychiatry. The Clinic also provides training experiences to social work, counseling, nursing,

and psychology trainees and interns from various area universities and colleges.

At the end of the first year rotation, some stay for a 2nd year of training, others either graduate from their program or go on to other specialized

training. On July 1st most of the "old" residents and interns leave their rotation here and the "new" ones take their place. We welcome all of the incoming residents and trainees and look forward to working with you this year.

We Need Your Help!

Mental Health Funding to be Cut

The Hamilton County Commissioners are expected to keep the Mental Health Levy millage

rate at the same level, which will result in an estimated loss of \$17.7 million over the 5 year levy due to the reduction in property

values. Keeping the overall tax revenues at the same level would have required a home owner to pay an additional \$6 per year per \$100,000 valuation. This cut will come despite a consultant's report recommending the levy stay at current levels and praising the levy's governing group, the Mental Health and Recovery Services Board, as "a well-organized and effective public organization." As a result, the uninsured person needing mental health is

most at risk of being turned away for services across the county, and cuts to Central Clinic will be significant. As government resources grow more scarce, Central Clinic is relying on private donations to continue its critical care for those most in need. Please consider a gift to the Central Clinic in order to help us continue serving children, families, and people of all ages in our community.

The Montessori Peace Pig



A Central Clinic School Outreach Services program site, Gamble Montessori High School, planted their "Montessori Peace Pig" in front of the School for the Creative & Performing Arts on Central Parkway! It was placed where visitors were able to easily encounter it during the World Choir Games in July.

The pig was designed with one of the

school's five core values in mind: peace. Montessori was divided into enough sections to represent the countries participating in the World Choir Games. Students then researched the word "peace" in their native language. These words were then placed in the areas on the pig.

According to Central Clinic employee, Tom Haid, The Community Learning

Resource Coordinator for Gamble, who coordinated this project, "Many thanks go to Ms. Emily Berry and the Art Club, and to Central Clinic – Ready to Learn, and P&G for their generous sponsorship." A big thank you goes also to all the GMHS students who worked so hard to make this possible.

TOP WORK PLACE, continued from page 1

Work Places special section, published in The Enquirer on June 17, 2012.

Central Clinic was founded by the United Way (then Community Chest) and is the oldest community mental health agency

west of the Alleghenies. Dr. Raymond Walter, then president of the University of Cincinnati, worked out a plan to move the clinic to the UC medical Campus to provide training and community-wide services. Today, our programs impact 12,000 to 15,000 people a year.

Congratulations to the entire Central Clinic staff for this outstanding accomplishment.

You can link to "our page" on the Enquirer site: <http://www.topworkplaces.com/frontend.php/regional-list/company/cincinnati/central-clinic-grou>.

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Our Vision

To be a leader in providing and advocating for accessibility, best practices and outcome-driven behavioral health services for consumers and their families.

Our Mission

To provide culturally sensitive and outcome-driven Mental Health, Substance Abuse, Forensic, and Prevention Services to children, adults, and families. Central Clinic accomplishes this by making services accessible, individualized, effective, consumer oriented, and recovery/resiliency based.

Our Values

- We value our staff and the individual contributions it makes.
- We honor and respect the breadth of cultural diversity, values and ideas of our staff, clients and community partners.
- We treat our staff and clients with dignity and respect.
- We believe that recovery is possible.
- We value giving clients reasons to hope for recovery.
- We value making resources available to clients to assist in their recovery.
- We understand and promote the active participation of clients in their plan for improving their lives.
- We value the dignity and rights of the clients and families we serve.
- We value the right of privacy of our clients.
- We value and actively seek community/ systems collaboration to improve the quality of life in our community.
- We are committed to using outcome data to drive management decisions in our programs.

Affiliated with:



Agency Partner



Accredited by:



Certified by:

ODMH & ODADAS