

FROM THE DIRECTOR

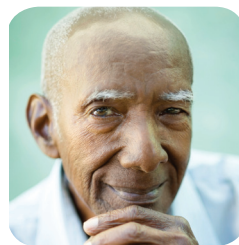
Celebrating 90 Years of Continued Service

Central Clinic's first proud moment was in 1923 when Community Chest (now United Way) formed Central Clinic and opened it as a mental health Clinic for children with serious behavior problems. The Clinic has the distinction of being the first mental health clinic for children west of the Allegheny Mountains. To put the time in perspective, the Great Depression began in 1929. The Clinic was initially located at 25 E. 9th Street in downtown Cincinnati and Dr. Emerson North, the then Superintendent of Longview State Hospital, was named Director of the newly formed clinic.

From the beginning, the Clinic Board and the Community Chest wanted the Clinic to be located at the Cincinnati General Hospital and to be under the direction of the University of Cincinnati (UC) College of Medicine. In 1933, Dr. Raymond Walters, President of UC, and C.M. Bookman, Director of the Community Chest, agreed and moved the Clinic to Cincinnati General Hospital. Psychiatric residents from the UC College of Medicine began to see patients, alongside Clinic staff.

Under a series of Directors, including Dr. Maurice Levine, the Clinic greatly expanded its training program for a range of mental health trainees and expanded its capacity to see more children and their parents. Over the years, Central Clinic was housed in several buildings on the UC medical campus. Since the early 1970s the Clinic has been located in Logan Hall, a Hannaford and Sons building, which is on The National Historic Register, as well as The Cincinnati Historic Register.

Today, Central Clinic sees approximately 17,000 persons per year, and has an annual budget of \$18 million. The Clinic now has nine



locations in Butler County and Hamilton County. Services range from helping moms who are not bonding with their infants, to pre-school children who are biting and hitting other children, to children and adolescents who are not succeeding because of emotional barriers, to adults with mental health issues such as panic attacks, to adolescents and adults with severe and persistent mental illness.

Central Clinic has received national acclaim for its evidence based services for children, families, and adults. The Clinic is accredited by CARF International. We are a Community Mental Health Agency and a Community Forensic Psychiatric Center, certified by the Ohio Department of Mental Health (ODMH). We are also an Alcohol and Drug Addiction Program certified by the Ohio Department of Alcohol and Drug Addiction Services (ODADAS). We are affiliated with United Way, University of Cincinnati, and the Hamilton County Mental Health and Recovery Services Board.

Central Clinic is preparing to enter perhaps the most exciting phase in its history by becoming a Medicaid Health Home as of July 1, 2013. This will be an integrated Health Care Model that brings together primary care providers with mental health and addictions professionals to provide a holistic approach to patients with a combination of mental illness and medical issues such as diabetes, hypertension, and obesity. This evidence based model holds enormous potential for millions of persons across the country with chronic health issues.

Central Clinic is now celebrating 90 years of continued service. We can be proud of how we have expanded our services over the years, following our vision: To be a leader in providing and advocating for accessibility, best practices, and outcome-driven behavioral health services for the people we serve and their families.

Walter S. Smith

Building Stronger Families for 90 Years

Central Clinic will mark its 90th anniversary with a celebratory luncheon, *Building Stronger Families for 90 Years*, on April 19th at noon at the Netherland Hilton Hotel. Registration begins at 11:30 a.m. It goes without saying that for the last 90 years the Clinic has touched and changed many lives in the community in profound ways. The luncheon will commemorate Central Clinic's many years of service to the Greater Cincinnati community and will also honor the accomplishments and services of three esteemed Cincinnatians. Distinguished honorees, Dr. Barbara Boat, Dr. Thomas Boat, and Rev. Damon Lynch, Jr., will each receive the Ambassador of Mental Health Award and will be recognized for their dedication to the welfare of children and families. Central Clinic is also pleased to announce that Marjorie Motch is the Honorary Chair.

Co-Chairs Miriam West and Trish Smitson, along with committee members, have dedicated much time and energy over the last several months to plan this special commemorative event.

Please plan to join us at the Hall of Mirrors on April 19th! Email Lisa Steffen at hartl@ucmail.uc.edu or call 513-558-9006.

Individual ticket prices: \$50 per person
OR Join **CC Club 90** for \$140, a special ticket price that includes an additional donation to celebrate Central Clinic's 90th Anniversary (\$50 + \$90 = \$140)!

Building
STRONGER
families for
90
years



From left to right: Francie Morrison, Deborah Spradley, Kay Smith-Yount, Trish Smitson, Dr. Walter Smitson - Central Clinic President and CEO, Miriam West, Laurie Maguire, Sheila Cohen, and Betti Hinton. Not pictured are Mary Ann Meanwell, Marjorie Motch, and Ann Zaring.

EVENT SPONSORS

Central Clinic is appreciative of the tremendous support from our event sponsors.

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Central Clinic Has Grown in 90 Years

Central Clinic now has nine different locations with a wide range of programs to meet the needs of the community.

- **311 Albert Sabin Way, Cincinnati, OH 45229**
 - Central Administration
 - Adult Services
 - Child and Family Treatment Center
 - Mental Health Access Point (MHAP)
- **909 Sycamore Street, Cincinnati, OH 45202**
 - Court Clinic:
 - Community Forensic Psychiatry Center
 - Treatment including Alternative Interventions for Women (AIW) and Court Clinic Recovery Services
 - Keys to Health *Part of MHAP*
- **2208 Reading Road, Cincinnati, OH 45202**
 - Family Access to Integrated Recovery (FAIR) *Part of MHAP*
 - HOPE for Children and Families *Part of MHAP*
 - Culturally Responsive Services (CRS) *Part of Adult Services*
- **512 Maxwell Street, Cincinnati, OH 45219**
 - Young Child Institute (YCI) *Part of Child and Family Treatment Center*
- **2349 Victory Parkway, Cincinnati, OH 45206**
 - Connections for Life *Part of YCI/Child and Family Treatment Center*
- **2100 Pleasant Avenue, Hamilton, OH 45015**
 - CDC Mental Health Services
- **190 North Brookwood Avenue, Hamilton, OH 45013**
 - CDC at Family Connections *Part of CDC Mental Health Services*
- **300 North Fair Ave, Hamilton, OH 45011**
 - CDC Substance Abuse/Mental Health Evaluations *Part of CDC Mental Health Service*
- **1227 Central Avenue, Middletown, OH 45044**
 - CDC Mental Health Services

Central Clinic Psychiatric Resident Presenting at APA



Dr. Stephen Rush

Stephen Rush, MD, one of our fourth year psychiatric residents, has had an abstract and poster selected for presentation at the annual American Psychiatric Association

(APA) meeting, taking place in May in San Francisco. The abstract is titled, "Neurotoxic Effects of the Older Antipsychotics: Several Molecular Mechanisms of Action," and is a review of the literature on the toxicity of first generation antipsychotics such as haloperidol. Dr. Rush has been working closely with Dr. Henry Nasrallah, MD, to review the literature and prepare for APA and a review article on the same subject that he will submit for publication later this year. The abstract has been accepted for presentation in both the "Resident and Medical Student Competition" and the "Scientific Program." Congratulations to Dr. Rush for a job well done!

Central Clinic Receives Grant from Jergens Foundation

Central Clinic was one of 10 Greater Cincinnati area non-profits to receive a \$50,000 grant from The Andrew Jergens Foundation in honor of the Foundation's 50th Anniversary. Those organizations receiving grants were chosen because of their long standing and meaningful impact on the health, education, cultural experiences, and social welfare of children in the Greater Cincinnati area. Moreover, Central Clinic received an additional \$10,000 grant from The Jergens Foundation for its Child and Family Counseling Program. This program assists over 600 children each year with multiple risk factors that impede academic and personal success. Central Clinic's relationship with The Jergens Foundation began in 1999 with a grant for a



Pictured are Mary Ann Hayes, Trustee, The Andrew Jergens Foundation, and Dr. Walter Smitson, Central Clinic President and CEO.

Child Therapy Room. The Clinic is grateful for the Foundation's support and looks forward to continuing its relationship with the trustees at The Andrew Jergens Foundation.

UC Police Stationed in Central Clinic

The University of Cincinnati (UC) has expanded their police department. Central Clinic's Logan Hall site now houses the UC Police Substation for the East Campus. It is not unusual to see police officers riding Segways through the halls of our building as they make their rounds. We are pleased to have the UC Police as our neighbors as they work to keep everyone safe on the Medical Campus of UC.

Child and Family Treatment Center Receives ODMH Grant

The Ohio Department of Mental Health (ODMH) selected Central Clinic to receive a grant for Early Childhood Mental Health. Thanks to the work of Trena Goodwin, Director of Child and Family Treatment Services; Wayne Floyd, Director of the Young Child Institute; and the Child and Family Treatment Services staff, Central Clinic will receive an additional \$75,000 this fiscal year for their work with young children.

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Our Vision

To be a leader in providing and advocating for accessibility, best practices and outcome-driven behavioral health services for consumers and their families.

Our Mission

To provide culturally sensitive and outcome-driven Mental Health, Substance Abuse, Forensic, and Prevention Services to children, adults, and families. Central Clinic accomplishes this by making services accessible, individualized, effective, consumer oriented, and recovery/resiliency based.

Our Values

- We value our staff and the individual contributions it makes.
- We honor and respect the breadth of cultural diversity, values and ideas of our staff, clients and community partners.
- We treat our staff and clients with dignity and respect.
- We believe that recovery is possible.
- We value giving clients reasons to hope for recovery.
- We value making resources available to clients to assist in their recovery.
- We understand and promote the active participation of clients in their plan for improving their lives.
- We value the dignity and rights of the clients and families we serve.
- We value the right of privacy of our clients.
- We value and actively seek community/ systems collaboration to improve the quality of life in our community.
- We are committed to using outcome data to drive management decisions in our programs.

Central Clinic's
90th Anniversary Celebration Fundraiser
Friday, April 19, 2013 • 11:30-1:30

Save the Date!

ODMH & ODADAS

Certified by:



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Cincinnati, OH 45229-2801
Phone: (513) 558-5823
www.centralclinic.org

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