

ANNUAL REPORT 2016 2017



Dear Friends,

Central Clinic Behavioral Health continues our work to build stronger families. We provided high quality, outcome driven services in all of our programs in 2017, and touched the lives of almost 22,000 children, families and adults. Here are a few examples of how our services positively impacted the people we serve.

Our Court Clinic's Alternative Interventions for Women program continued with a very low three-year recidivism rate of eight percent (number of arrests for new charges) for women with mental health and substance use disorders involved in the criminal justice system.

In our Young Child Institute, over 500 parents/caregivers were able to demonstrate their role in supporting the development of their children. Our Child and Family Treatment programs identified more than 1200 children with a social or emotional delay/concern and provided them with individualized planning, intensive services, monitoring and/or linkage to additional services. Of the 894 students served in our Ready to Learn program, 97% demonstrated the social and emotional skills necessary for success in their educational experience.



We continue to help people of all ages heal from unresolved trauma through evidence based practices provided by trauma trained clinicians in Adult Services, Mental Health Access Point and CDC Mental Health programs. These services help to improve their overall health, their parent-child and marital relationships, and provide the building blocks for a stronger and more stable family.

We accomplish these outcomes through the hard work of our staff and through cooperative, collaborative relationships with our community partners in Hamilton and Butler Counties.



Together we are helping individuals and families to improve their mental health, to get and stay sober, to raise healthy children and to climb out of poverty toward meaningful job opportunities, healthier lifestyles and stronger communities. These types of goals and interventions serve to improve the quality of life throughout the greater Cincinnati community.

We could not have accomplished so much if it were not for your gifts of time, talent, and treasure. The support of United Way, as well as our collaborators, donors, and staff mean so very much to us – thank you. What collectively was accomplished ultimately benefits the thousands of people who received hope through their experience with Central Clinic Behavioral Health.

Sincerely,

Ronald Hitzler

Ronald Hitzler
Chair of the Board

Walter S. Smitson

Walter S. Smitson, Ph.D.
President & Chief Executive Officer

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Adult Services

The Adult Services division provided access and hope to 2,144 men and women who connected with our expert staff for behavioral health services. Adults in need of behavioral health services continue to be served at our Logan Hall location in Clifton. We are particularly inspired when we hear stories of how our new Transgender Wellness Program made a difference in the lives of 97 individuals. This innovative program is designed to provide mental health and supportive services to the transgender community. It utilizes a multi-disciplinary approach modeled after internationally recognized treatment guidelines, developed by the World Professional Association for Transgender Health (WPATH).

96 men participated in our established Culturally Responsive Services program. This unique and innovative program provides culturally specific services and is designed to enhance the mental health and support services already in place for African American men and their families.



CDC Behavioral Health

Last year, 2,111 people experienced an increase in their quality of life and family through this division located in Middletown and Hamilton. 426 children were reunited with their families last year and 463 adults were assessed in our SAMI program. In addition, Butler County invited our CDC Behavioral Health Services division to sign a new contract to provide comprehensive evaluations for adults who are receiving welfare and need additional assistance to achieve meaningful employment. This illustrates the expertise of the team and our proven track record in achieving results that positively impact families and the community.



Child & Family Treatment Center

Children are the future of our community. Our collective well-being is only as strong as the children we raise together. Healthy children and their families keep our community vibrant. The Child & Family Treatment Center works to help children and their families heal, become stronger, and be full participants in our community. This division is partially funded by United Way and offers an array of services designed to help strengthen the family through its work in the schools, homes, and our location in Avondale.

622 children's social and emotional development were enhanced and their attachment to their parents was strengthened. Staff continued to work with local schools (7) in the Ready-to-Learn school-based program and provided behavioral health services and academic enrichment to 1,353 students in the process. In addition, our two resource coordinators served 859 students in two CPS schools. 272 teens received support through our Child & Adolescent Counseling Services program.

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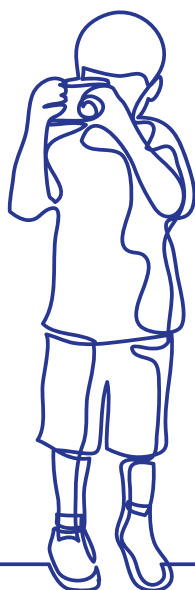
Court Clinic

Court Clinic provides a variety of evaluation and treatment services for those involved in the criminal justice system. We are especially pleased with the number of people served through our Court Clinic Recovery Services – 1,005 peoples' lives were improved through substance-abuse treatment, education and outpatient services. Alternative Interventions for Women (AIW) connects women who have a history of addiction, trauma, and mental health issues to individual and group therapy as well as case management and psychiatric services. Last year, 118 women were taught to cope more effectively with life issues with a very low average arrest recidivism rate of 7.6%. The Alternative Interventions for Men (AIM) program is very similar in nature. Last year, 68 men successfully learned to cope and begin to heal based on their experiences in this program as well.

Mental Health Access Point (MHAP)

As the front door to the Hamilton County public mental health system, MHAP's primary mission is to provide a standardized entry to a system of care that ensures that services are available, accessible and of high quality. This was achieved for 1,786 people last year. Staff provided assessments to 563 people so each was able to connect with the right service appropriate for their unique need.

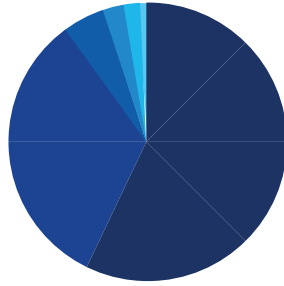
Two core programs, HOPE and FAIR, are implemented in conjunction with the Hamilton County Mental Health and Recovery Services Board, Hamilton County Job and Family Services, and other important county agencies. FAIR (Family Access to Integrated Recovery) helped 6,262 people and provided 1,530 assessments, referrals and care management to meet the behavioral health needs of children and their families involved with Children's Services. HOPE for Children and Families (HOPE) served 161 youth and provided referrals, connection, monitoring and coordination of services for children and youth who are involved in two or more county systems. In total, MHAP provided 2,093 client assessments.



picturing a better
Journey
Tomorrow
Community
2018



2016-2017 FINANCIAL OVERVIEW



REVENUE

Government Grants: \$12,801,897

Medicaid \$7,888,093

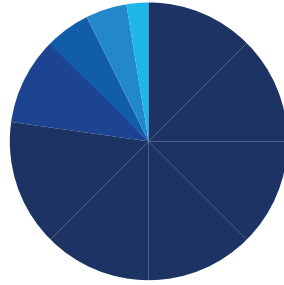
United Way: \$776,604

Other: Rent and Patient Fees: \$254,668

Community Support: Grants and Contributions: \$147,330

Interest and Dividends: \$84,018

Total: \$21,952,610



EXPENSES

Wages, Benefits, Contracted Svcs & Prof Fees: \$17,612,949

Subrecipient Payment: \$1,757,929

Supplies, Printing, Postage, Telephone, Travel, etc.: \$1,006,811

Rent, Repairs/Maint., Insurance: \$692,926

Depreciation: \$447,197

Total: \$21,517,812

Central Clinic Behavioral Health enjoys the support of foundations, corporations and individual donors. All of us are very grateful for your gifts of time, talent and treasure. This list represents financial contributions received between 7/1/2016 – 6/30/2017. Every attempt has been made to ensure the accuracy of donor information. Contact Barb Namett at 513.558.2941 for any errors or omissions and please accept our apology. Thank you for your generosity!

The Transformation Circle \$25,000 and above

Anonymous

Pacesetters \$10,000 - \$14,999

Western & Southern Financial Fund

Sustainers \$5,000 - \$9,999

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Our Mission

To provide hope through a compassionate approach to behavioral health services that will create lasting and meaningful results in support of recovery and resiliency for children, families and adults.

Our Vision

To transform behavioral health services so individuals and families are empowered to achieve overall wellness.



United Way
of Greater Cincinnati

Accreditations & Licensure:

carf INTERNATIONAL

