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Our Mission

Our mission is to provide culturally sensitive and outcome-driven mental health, substance abuse, forensic, and prevention services to children, adults, and families. Central Clinic accomplishes this by making services accessible, individualized, effective, consumer oriented, and recovery/resiliency based.



WINTER 2019



Holiday Celebrations

Clients and staff enjoy the holidays.

Dear Friends,

Central Clinic Behavioral Health is growing to meet the needs of our community.

Recently, staff began to provide clinical services at the *Family Healing Center-Clermont* in partnership with Clermont County Job and Family Services. Similar to our Family Healing Center in Butler County, we are providing therapeutic visitation services to families when parents have lost custody of their children. Early results are encouraging in our efforts to successfully engage families in trauma-focused services so parents can develop the skills needed to safely parent their children.



Another growth opportunity is in expanding our assessment and care coordination work with *Ohio Means Jobs* (OMJ) through Butler County Job and Family Services. We are also assisting in the development of the *Butler County Sobriety Treatment and Reducing Trauma* (START) program in conjunction with Butler County Children Services.



Substance Use Disorder (SUD) services are expanding at our Middletown, Ohio location. Referrals are steadily increasing resulting in a need for additional office space at that location. This new program location complements the SUD work currently in place at our: 1) CDC Behavioral Health outpatient clinic, and 2) SUD program within Court Clinic in Hamilton County. All Central Clinic SUD programs are responding to a very serious need for community responses to the opioid crisis. This is especially needed because the State of Ohio now is second in the nation for opioid deaths. Also, reports from counseling groups and health clinics are showing a shift from opioids to methamphetamines.

As a long-time behavioral health provider, we strive to meet the mental health and substance use needs of the children, families and adults we serve and to help them be healthy and productive members of their community. We are appreciative that you support us in these efforts.

Sincerely,

Daniel W. Ziegler
Chair of the Board

Walter S. Smitson, Ph.D.
President & CEO

Thank You To Our Funders

Central Clinic Behavioral Health enjoys the financial support of many foundations, corporations, individual donors, and United Way of Greater Cincinnati. Recently, we received funding from the Greater Cincinnati Foundation (The Daniel & Susan Pfau Foundation) and CareSource in support of the Child & Family Treatment Center and CDC Family Healing Center, respectively. Western & Southern Financial Fund continues to provide financial support. All of us are grateful to these generous foundations, United Way, and the Hamilton County Mental Health & Recovery Services Board.



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Central Clinic Behavioral Health

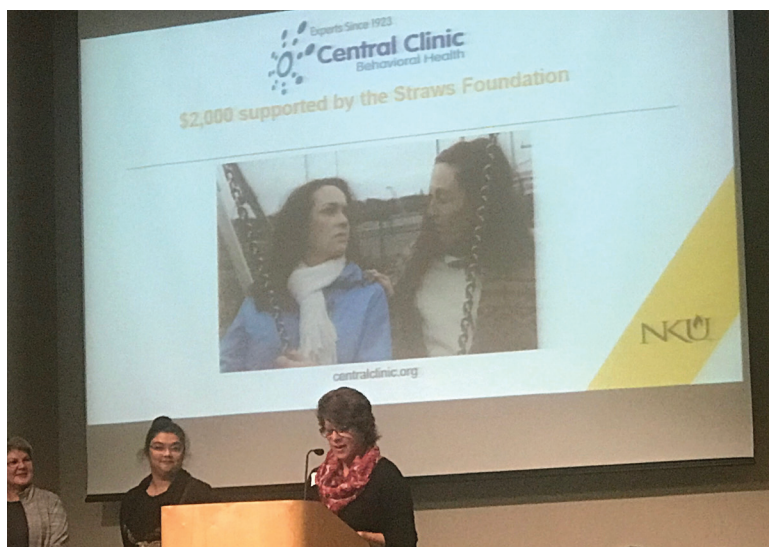
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Good Things Happening! Court Clinic

Court Clinic, a division of Central Clinic Behavioral Health, received a \$2,000 grant from the Mayerson Student Philanthropy Project at Northern Kentucky University (NKU). Fifteen NKU classes awarded nearly \$31,000 to 17 different agencies. Each class was given \$2,000 and Court Clinic's Alternative Interventions for Women (AIW) was selected by the Drug Policy class taught by Professor Perilou Goddard. AIW is an award-winning and nationally recognized treatment program for women involved in the criminal justice system. Our clients have a history of addiction, trauma, and mental health issues and we are very grateful for those students who voted for this program - thank you!



Compliance Officer Barb Namett accepts the award on behalf of Court Clinic.

CDC Behavioral Health

The Family Healing Center of Butler County, in operation since 2009, and for over four years at their current location, works to engage, encourage, support and advocate for families in the process of reunification. All staff members are trauma-informed and use these skills to effectively facilitate developmentally appropriate interventions to foster growth and healing in visitation.

This program has expanded over the years and 100 + families in Butler County were recommended last year to be considered for reunification. For this program to be impactful, it is important to have an environment that is conducive to healing. Inside the facility, we've created designated rooms for taking themed pictures, an arts and crafts room, as well as white and chalk board walls for families to engage together. Children and their parents have access to these and other games, toys and educational interventions to assist them with bonding and positive interactions. ioral Health Services in Hamilton and Middletown, etc. This helps to ensure success for our families.

Court Clinic

Alternative Interventions For Women Celebrates Their 46th Graduation

Women who successfully completed the year long program at *Alternative Interventions for Women* (AIW) were honored with a graduation ceremony. On January 17th, AIW celebrated the lives and addiction recovery of six women in The Honorable Judge Kim Wilson-Burke's courtroom. Judge Wilson-Burke, a strong supporter of the AIW program and Central Clinic Behavioral Health, opened with a welcome speech and warm words of encouragement. Positive and inspirational words were also expressed by Court Clinic therapist, Sharon Alati, and a non-graduating client, Amanda.

The six graduates (Georgiana, Malissa, Angie, Camber, Lauren and Rheanna) shared their respective experiences and journeys, and expressed gratitude for those who have helped them. The women proudly received *certificates of completion*, with one commenting this is the first time she has completed anything. A reception was held at Court Clinic (AIW) after the ceremony for family, friends, and staff to celebrate the graduates' successful completion of AIW.

MHAP

In June of 2018, Mental Health Access Point (MHAP) received \$50,000 in funding from the Hamilton County Mental Health and Recovery Services Board. This unique funding is earmarked for individuals experiencing mental health concerns who are incarcerated in the Ohio prison system and will be reintegrated back into Hamilton County. Our re-entry clients have expressed the hope upon release to 'do things differently'. These funds have been instrumental in supporting this hope, and reducing recidivism by ensuring stable housing, medications, and basic needs such as

clothing are available to them. In the last quarter of 2018, MHAP served 25 re-entry clients with these specialized dollars. An average of 60% of the funding goes towards housing; the rest is earmarked for food, transportation needs, personal care items, and medication. When basic needs are met in a timely manner, clients are able to focus on tasks



which foster independent living such as employment and engaging in ongoing mental health and/or substance use treatment. MHAP staff also work to assure a strengthened working relationship between the client and themselves. With a more solid relationship, clients are more likely to reach out to their service providers when they are in distress and this supports safety in the community. MHAP's programming is in partnership with the Hamilton County Mental Health and Recovery Services Board.

Child & Family Treatment Center

Premiere Holiday Party Benefitting Children And Their Families

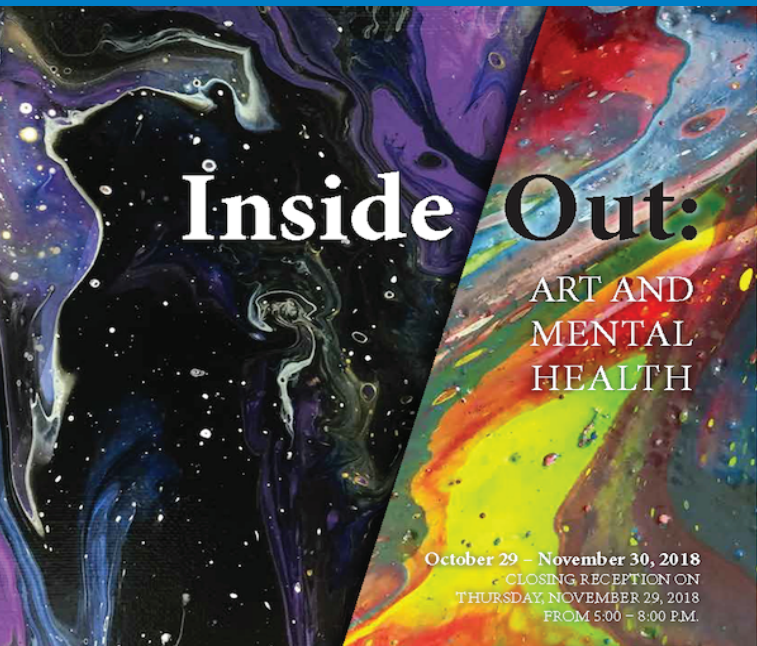


Children and their families who receive services in the Children & Family Treatment Center were beneficiaries of the generosity of local business and the philanthropic community. This good cheer allowed the staff of the *Child and Adolescent Counseling Services* program to purchase gifts and host a premiere holiday party (at two separate times to accommodate everyone) where staff, children and their families had a wonderful time celebrating the holidays. Many of the children and families served live below the federal poverty level making this holiday celebration especially meaningful for the children.

Children and families participated in different art activities - each with a holiday theme, as well as raffles, cake, candy, snacks, and punch. The children were so excited to attend the parties, have fun, and connect to staff in a meaningful manner. Staff also received 400 backpacks from *Clever Crazy's* that were included in the children's gift bags. In addition, Meijer, Taste of Belgium, UDF, Kroger, Raising Canes, Friends of the Library, and Walmart made generous contributions of food, treats and prizes. Dory Sanders made cakes for both parties.

It took a team to ensure that our clients experienced holiday joy. This effort was made possible due to the time and dedication of two of our staff: Takol Gazaway and Mia Bowers. Complementing their efforts were many other staff and volunteers who spent their free time assembling gift bags, purchasing items, and organizing the event. Many thanks to everyone and we hope to make this an annual event.

THANK YOU! THANK YOU! THANK YOU! THANK YOU! THANK YOU!



Adult Services

Clients Display Their Artistic Skills

November was a busy month for clients receiving services in the Adult Services division at Logan Hall. A creative collaboration was formed between University of Cincinnati Blue Ash Gallery, Recovery Center of Hamilton County and Central Clinic, which was inspired by our 95th Anniversary celebration. The program, *Inside/Out: Art and Mental Health* proved to be very successful – not only for our budding artists, but also for all whom had the chance to enjoy this visual art experience. The show was held at UC Blue Ash where ten artists and four poets had their work exhibited in the gallery; it was very impressive in scope and creative expression.

“We were thrilled with the client participation level, as well as the quality of the art and writings,” states Nelly Rimini, director of Adult Services, “and thank everyone involved.”

If you were unable to visit the gallery during November, you can visit their website at: <https://ubluash.edu/about/community/art-gallery.html>.

