



Letter from Chair of the Board and CEO

hope. It is the foundation of the human spirit.

Welcome to the 2020-21 annual report and what a year it has been. The pandemic continued; funders supported us more than ever; personnel continued to deliver important services both in-person and via telehealth. All of us are grateful to everyone who helped our patients/clients throughout the year – thank you.

This annual report will share stories of hope. When hope is missing for a length of time, an individual not only loses interest in his/her surroundings but eventually loses the will to live. Personnel are uniquely educated experts to help people process feelings of hopelessness. It is what they do every day so they can remove barriers to a spirit that can utilize its talents and eventually feel joy about oneself and about life.

During the FY 2020-21, 17,884 patients/clients' lives were improved because of their connection to the right service at the right time. These adults, children, and families received guidance and continue to rely on personnel for ongoing behavioral health services. As a matter of fact, 98% of clients report that they are satisfied with personnel who provide counseling, medication management, and support. Throughout the report, you will see how Central Clinic Behavioral Health impacted the lives of the people we serve.

A special shout-out to all of our individual donors, local businesses, and foundations that provided support, some of which are: bi3, Butler County Jobs & Family Services, Butler County Children's Services, Cincinnati Academy of Medicine, Clermont County Children's Services, Clermont County Jobs & Family Services, COFREE Foundation, Greater Cincinnati Foundation, Hamilton County Jobs & Family Services, Hamilton County Mental Health & Recovery Services Board, Huenefeld Trust (through United Way), Louis & Louise Nippert Charitable Foundation, Ohio Department of Mental Health & Addiction Services, State of Ohio COVID Response Grant, John A. Schroth Family Charitable Trust & Jack J. Smith Charitable Trust through PNC Charitable Trust, Spaulding Foundation, Western & Southern Financial Group, and United Way.

Thank you for the many ways you provide hope to our patients/clients.

Greg Power, Chair of the Board

Walter S. Smitson, Ph.D., President & CEO



Adult Services



Hope. Resiliency. Confidence.

This is what patients/clients experienced last year when they received in-person and/or telehealth services. Personnel continued to help those they support negotiate all of the feelings they felt during this time. The hybrid service delivery model allowed patients/clients to receive psychiatric services, case management, and psychotherapy.

Adult Services was able to see 1,695 people due to new services and programs that were financially supported with community foundation revenue. One such program concerns conducting physical health screenings. It is widely known that poor mental health/substance use can have an adverse impact on someone's physical health. Physical care has been largely disconnected from mental health and addiction treatment services. Funding

allowed the nursing staff to purchase essential medical and nursing supplies which allowed screening of medical conditions that may not have surfaced due to lack of healthcare.

Both the art group and the LGBTQ+ program produced amazing outcomes last year. Fifty-one percent reported that they received significant improvement in their daily lives as a result of services received in our division. Patients/clients in all programs were able to avail themselves of resource rooms that were equipped with new bookshelves and books, resource materials, and plants to boost mood, productivity, and creativity.

Did You Know?

Clients receiving outpatient services within Adult Services and CDC Behavioral Health improved their overall functioning as measured by the Daily Living Activities Scale (DLA-20 ©). After 12 months of treatment 52% of adult clients achieved significant improvement.

Child & Family Treatment Center

Garden of Hope.

Children react differently to change. The pandemic has not made it easy for children/youth and many have had to make sense of their world in a completely different way. They continue to navigate new waters, which has led to a higher number of patients/clients connecting with the Child & Family Treatment Center for anxiety and depression issues.

It continues to be the highest priority of our personnel to help the children/youth seen in our division to help each build resiliency, develop relationships, and experience a sense of belonging. It is our role to encourage them to have hope and to provide them with the necessary tools to do so. Last year we enhanced the lives of 1,914 children and their families and it continues to be the highest priority of our personnel to help the children/youth seen in our division to help each build resiliency, develop relationships, and experience a sense of belonging. It is our role to encourage them to have hope and to provide them with the necessary tools to do so.

Our summer group provided activities in our therapeutic outdoor space for 40 children and youth, most of whom were not able to spend time outside in their neighborhoods due to safety concerns. By participating in the summer group, they were able to develop social skills as they engaged with peers and group leaders in structured games, sports, and activities. In addition, they helped with our small garden and enjoyed it very much. We believe these experiences help contribute to their overall wellness and also provide hope.



What Our Measurements Show:

95% of 247 children improved their functioning level after receiving clinical services.

93% of 715 children and youth who have experienced trauma improved health behaviors by developing positive coping skills.



Court Clinic

Aubrey found Hope.

This is the story of Aubrey, who enrolled in the Alternative Interventions for Women (AIW) program. She was broken down, angry, and ultimately did not believe in recovery. And, she was one of seven women who graduated from this high-impact program.

“I remember being very closed-minded about the program simply because others did not work, so I thought, why should this one?” Since Aubrey was released from jail and sentenced to Court Clinic, it was very fresh in her mind where she would land if she did not cooperate.

“I cooperated. At the time, I convinced myself that I was really trying to give AIW, and myself, a chance. Looking back now, I was literally the definition of, ‘fake it to make it.’ After less than three months in the program, I found myself back to getting high. Immediately after facing that consequence in court, COVID-19 came and closed in-person classes. As you can probably imagine, I couldn’t have been happier since this allowed me to continue my use.”

Aubrey was faced with options, including to run and give up. But she didn’t. “Upon returning to AIW, I had very little faith in myself. What changed in me was finally wanting a better life for myself, and realizing I was worthy of living. I began to rebuild my life, which in turn increased my sense of self. I worked two jobs, came to group every day, and eventually started college and got my own apartment. Most importantly, I realized over time that I was no longer broken down, angry, and I actually believed in the power of recovery.”

We all congratulate Aubrey for her recovery!

CDC Behavioral Health

The Story of Sara.

Hope. This is what the Substance-Use Disorder (SUD) program provides to people who connect and receive coordinated, seamless, evidence-based care for dually-diagnosed patients/clients.

Sara, a patient/client who has a dual diagnosis, began treatment in 2020 at the height of the COVID-19 pandemic. Sara had been dealing with severe substance use disorder for decades and had lost custody of her daughter, became homeless, and was cut off from her family. In the last year she has completed CDC’s Outpatient (OP) and Intensive Outpatient (IOP) programs while progressing in other mental health services. Sara celebrated a “substance free” year and is full of hope. She is an active member of the recovery community, has a full-time job, an apartment, and spends time with her daughter on a regular basis. She continues to voluntarily attend Individual Sessions at CDC to support her mental and behavioral health. Sara says that CDC pointed her in the right direction and gave her the support and tools needed to turn her life around. Thanks to Sara’s commitment, efforts and trust in the process, she has achieved a “peace” that she couldn’t have dreamed of a year ago.

CDC Behavioral Health improved the lives of 2,637 children and their families last year.

Did You Know?

98% of clients are satisfied with Central Clinic Behavioral Health staff being respectful of my race, ethnicity, religion, and/or sexual orientation and/or gender identity.

Have You Seen Our Billboards?

Funding received from Ohio Department Mental Health & Addiction Services.
Ohio’s COVID Care Program and Hamilton County Mental Health & Recovery Board.

Toddlers can experience anxiety. We can help!

Central Clinic Behavioral Health

CentralClinic.org | (513) 872-1155

Niños también sufren de ansiedad. Pida ayuda.

Central Clinic Behavioral Health

CentralClinic.org | (513) 558-5890

Mental Health Access Point

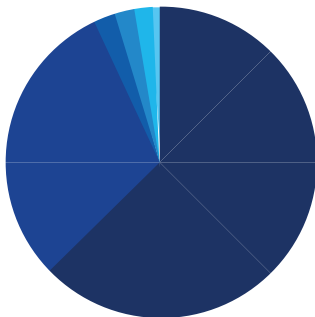


Hope. This is what the Ohio's COVID Care Program and the Hamilton County Mental Health & Recovery Services Board provided to the adults and families we serve at Mental Health Access Point (MHAP). Our primary mission is to offer a standardized entry to a system of care that ensures that services are available, accessible, and of high quality. MHAP staff are available 24/7/365 to answer calls and connect consumers to appropriate services. Income received from these generous funders allowed the MHAP team to design an awareness campaign and to connect people who may experience anxiety and depression to MHAP for help.

Last year MHAP served 2,029 people who received assessments, housing support, benefits explanation, and referrals to the appropriate right agencies/programs. In addition, two of our signature programs, FAIR (families) and HOPE (youth), served 5,253 and 148 respectively.

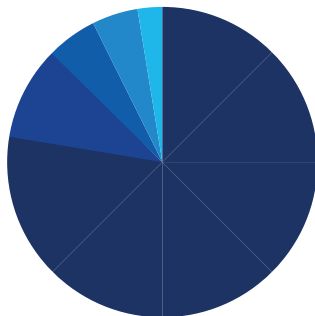
2020-2021 FINANCIAL OVERVIEW

July 2020 - June 2021



REVENUE

Government Grants: \$13,619,782 (61.4%)
Medicaid \$7,383,556 (33.3%)
United Way: \$413,517 (1.9%)
Community Support: Grants and Contributions: \$369,405 (1.7%)
Other: Rent and Patient Fees: \$260,103 (1.2%)
Interest and Dividends: \$136,707 (.6%)
Total: \$22,183,070 (100%)



EXPENSES

Wages, Benefits, Contracted Svcs & Prof Fees: \$17,559,050 (81.3%)
Subrecipient Payment: \$1,955,880 (9.1%)
Rent, Repairs/Maint., Insurance: \$912,749 (4.2%)
Supplies, Printing, Postage, Telephone, Travel, etc.: \$870,231 (4%)
Depreciation: \$294,064 (1.4%)
Total: \$21,591,974 (100%)

Did You Know?

94 families from the Family Healing Center (FHC) in Butler County - (42% of 223 families served) have been reunited per BCCS recommendations and/or FHC has recommended least restrictive visitation structure and in-home unsupervised visits.

Our Mission To provide choices and options through a compassionate approach to behavioral health services that results in lasting recovery and resiliency for children, families, and adults.

In Partnership With:



Accreditations & Licensure:

