

100 years
1923 ANNIVERSARY 2023

ANNUAL REPORT 2021-22

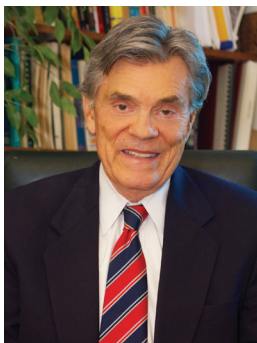
Letter from Chair of the Board and CEO

Welcome to the 2021-22 Annual Report... Celebrating 100 Years of Positive Community IMPACT!

For the prior annual report year, we were in the throes of the COVID-19 global pandemic – services pivoted from live to telehealth and our funders truly stepped up in their support of our patients/clients. This year we are pleased to report that the clinical staff delivered services in person at all of our 11 locations. It has truly been a year of impact. As you read the various stories in this report, you will have a sense as to how the patients/clients have been impacted. Not only is there a primary impact, but also a secondary one (families and their communities) as well. Last year, we improved the lives and provided hope to 17,468 adults, children, and their families. We strive to connect the right service to the right person at the right time.

2023 marks the 100th anniversary of Central Clinic Behavioral Health. What began in 1923 has evolved over the past 100 years into an award-winning behavioral health services organization. Established in 1923, CCBH was the first mental health nonprofit organization in the State of Ohio and one of the only community clinics serving both children and adults. Central Psychiatric Clinic, its original name, received national attention because it provided community-based mental health services for children – a unique approach for treating patients at that time. Stay tuned to our social media channels as we continue to tell our story.

There are so many people to thank for our successful year – our referral sources, healthcare partners, school-based centers, and all of our funders. All of us are truly grateful.



Walter S. Smitson
Walter S. Smitson, Ph.D.
President & CEO



Michael Chaney
Michael Chaney
Chair of the Board



Child & Family Treatment Center



A Child's Impact

The Child & Family Treatment Center stays laser-focused on children under the age of 18, as well as their family -- the child's support system. Last year, the division provided services that resulted in positive impact to 1,917 people. Ninety-five percent of children who experienced trauma improved their healthy behaviors through the development of coping skills. This is the story of one child told through the lens of her parent. She was engaged in the *Young Child Institute* (362 children served in this program) and this is the story of how it started and how it's going.

"I would like to take this opportunity to share the impact that the *Young Child Institute* has had on me and my daughter's life. The moment we arrived for intake, everything went smoothly. That's just the beginning of what has turned out to be one of the best decisions I've made for my daughter. The counselor works with my daughter's school to ensure that she is doing as she should insofar as treatment is concerned. I have seen so much change with my daughter. Her counselor even worked to help the pediatrician fine-tune my daughter's medication based on her observations. The way she explains things to me makes it feel like she wants to see the best for my daughter and me. I should also mention that the staff at *Young Child Institute* is just as impactful. They always greet us with smiles and are always professional. As a parent of a tender-aged child, the office really settles the nerves you walk in with. They seem to understand how hard it is to have a child with differences and work to make the kids and parents comfortable. This place is nothing like I expected. I am so glad we found the *Young Child Institute*. The school just called and said my daughter is doing so well and they see so much improvement with her. The school typically only calls me when she is 'in trouble.' Thanks for all you do for us."

Measurements of Impact:

1,746 adults were impacted in the Adult Services division. Clients served improved their overall functioning as measured by the Daily Living Activities Scale (DLA-20 ©). After 12 months of treatment **51%** of clients achieved significant improvement.

LGBTQ+ adults improved their overall functioning as measured by the Daily Living Activities Scale (DLA-20 ©). After 12 months of treatment **46%** of clients achieved significant improvement.

Mental Health Access Point (MHAP) provided **2,365 people** in Hamilton County a standardized entry of care. Two of their signature programs, **FAIR** and **HOPE** impacted the lives of **4,763** and **141** individuals, respectively.

Marketing Impact

CentralClinic.org (513) 872-1155	CentralClinic.org (513) 558-5890	CentralClinic.org (513) 651-9300

Thank you to the Ohio Department of Mental Health & Addiction Services for awarding funds to help us reduce mental health stigma. Their generosity funded radioads and billboards.

CDC Behavioral Health

How Treatment for Substance Use Disorder Impacted a Life.

CDC Behavioral Health Services impacted the lives of 2,637 people last year. With offices in Butler and Clermont counties, 471 families were positively impacted through their signature reunification program, Family Healing Center. A visitation specialist demonstrates and teaches a variety of skills for parents to utilize when interacting with their child. In addition to services offered in the Family Healing Center, support for substance use disorder serves as a centerpiece program providing impact to many.

While there are other services offered in this division, this impact story focuses on substance use disorder (SUD) treatment and how the staff changed her life.

“Laurie” was referred to CDC Behavioral Health Services after being hospitalized for a suicide attempt. She had a severe drinking problem and suffered from depression. In addition, Laurie’s young son had been removed from her home, she has relationship problems, and just quit her job – one in which she took a great deal of pride.

Initially Laurie was very resistant to SUD treatment and only wanted to focus on her depression. Her social life was centered on alcohol and her only coping skill was to numb her pain and sadness. To that end, giving up alcohol was unthinkable to her. Working with the clinical staff, Laurie made the decision to attend group therapy and took an active part in her counseling sessions. After a short relapse, Laurie began to see that alcohol no longer held any answers for her and recommitted to her treatment.

With the help of the group process and her counselors, Laurie started to let go of her shame. Within a few months of starting treatment, her son was able to return home. Today Laurie is returning to work in her career field, becoming a fully engaged parent, and she reports that her relationships are stronger than ever...she is happier than she has been in years.

Measurements of Impact:

97% of clients report that they are satisfied with staff at Central Clinic Behavioral Health helping them to improve their lives.

98% of clients are satisfied with Central Clinic Behavioral Health staff and respectful of their race, ethnicity, religion, and/or sexual orientation and/or gender identity.

Philanthropic Impact

Central Clinic Behavioral Health relies on the generosity of the greater Cincinnati community for financial support. Contributions received support programs and services and we are grateful for our individual donors, as well as foundations and local businesses. For this annual report, we will present those **foundations that invested in our mission** from 7/1/2021 – 6/30/2022:

Fifth Third Foundation
Greater Cincinnati Foundation: A Special Wish
Greater Cincinnati Foundation – Thomas Emery Memorial Fund
Greater Cincinnati Foundation – The Andrew Jergens Foundation
The Louis & Louise Nippert Charitable Foundation

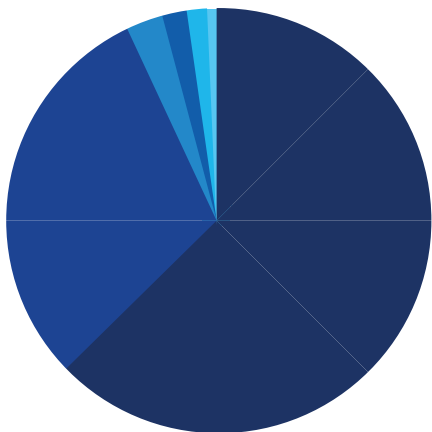
The Spaulding Foundation
Truist
State of Ohio (COVID-19/Beat the Stigma grant)
Western & Southern Financial Fund

We salute our long-term funding partners as well:

Butler County Job and Family Services, Clermont County Job and Family Services, Hamilton County Mental Health and Recovery Services Board, Ohio Department of Mental Health and Addiction Services, and United Way of Greater Cincinnati.

2021-2022 FINANCIAL OVERVIEW

July 2021 - June 2022



REVENUE

Government Grants: \$12,918,056 (60.2%)

Medicaid \$7,269,346 (33.9%)

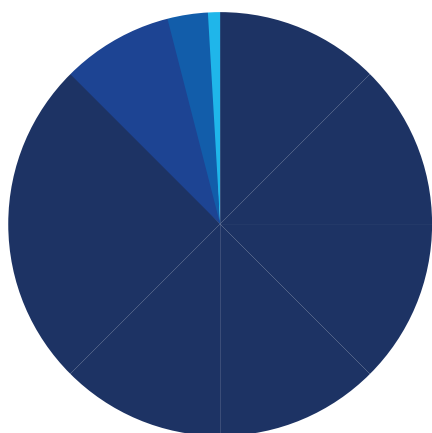
United Way: \$253,961 (1.2%)

Community Support: Grants and Contributions: \$544,446 (2.5%)

Other: Rent and Patient Fees: \$269,842 (1.3%)

Interest and Dividends: \$199,529 (.9%)

Total: \$21,455,180 (100%)



EXPENSES

Wages, Benefits, Contracted Svcs & Prof Fees: \$17,801,157 (85.8%)

Rent, Repairs/Maint., Insurance: \$1,758,246 (8.5%)

Supplies, Printing, Postage, Telephone, Travel, etc.: \$915,360 (4.4%)

Depreciation: \$284,176 (1.4%)

Total: \$20,758,939 (100%)

Measurements of Impact:

Court Clinic provided **1,669** forensic evaluations for seven counties in the State of Ohio and treatment services to **2,792** people involved with the Hamilton County court system.

Alternative Interventions for Women (AIW), within Court Clinic, is an award-winning program designed to reduce the likelihood of future court convictions of women who have been referred for services. To this end, the current recidivism rate for AIW graduates for additional drug charges is only **7%** – a three-year post-graduation rate.

100% of last year's Court Clinic's Recovery Services' (CCRS) clients secured stable housing and **74%** of those clients secured/maintained employment or were referred to employment services.

Our Mission To provide choices and options through a compassionate approach to behavioral health services that results in lasting recovery and resiliency for children, families, and adults.

In Partnership With:



Accreditations & Licensure:

